

CROSSCOUNTRY HK PRESENTS:



MOUNTAIN BIKING SUPERCAMP

HK's First Real Mountain Biking Skills Development Camp for kids, this summer \$1650!

5th 6th & 7th of July

26th 27th & 28th of July

For ages: 8 to 16

Three valuable days of bike skills that'll last a lifetime!

Bike maintenance & repair, Braking Skills, Endos, Wheelies, Drops, Steps, See Saws, Pump Track, High Wall, Skinnies Course, Slow Speed Skills, Cornering, Ascents, Descents, Gears, Skills Games, 13km Trail Ride, MTB Park Venue and more!

UK Qualified MTB Instructor, progressive course structure.

We provide: Bikes, helmets, gloves, knee & elbow pads, water, transport from Sunny Bay MTR to/from the venue.



ONLY 24 PLACEMENTS AVAILABLE OVER TWO COURSES SO BOOK EARLY!

CONTACT STEVE FOR AVAILABILITY, DETAILS & SIGN UP SHEETS AT:

EMAIL: STEVE@CROSSCOUNTRYHK.COM

TEL: (852) 6300 1980

