

CURRIED RICE SALAD

1 packet brown rice (cooked and cooled then rinse under cold water to separate)
½ White onion (finely chopped)
Shallots
1 Red / Yellow Capsicum
4 sticks of Celery
2 Carrots (grated)
3 Green apples (grated)
½ cup sultanas
½ cup raisins
Cashew nuts

Dressing (mix the following together)

½ cup oil
½ cup brown vinegar
1 tbs sugar
1 tbs curry powder (optional)
1 tsp salt
1 clove garlic

*Toss everything together and add the dressing.

*To mix really well put everything in a ziploc bag, twist the top, grab a corner and toss!

This salad is even better when made and dressed the day before.

Enjoy ...

